Day One: Heart Cards

Scripture
Mark 12:28b-34

One of the scribes came near and heard them disputing with one another, and seeing that he answered them well, he asked him, “Which commandment is the first of all?” Jesus answered. The first is, “Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.” The second is this, “You shall love your neighbour as yourself.” There is no other commandment greater than these.” Then the scribe said to him, “You are right, Teacher; you have truly said that ‘he is one, and besides him there is no other’; and ‘to love him with all the heart, and with all the understanding, and with all the strength,’ and ‘to love one’s neighbour as oneself’—this is much more important than all whole burnt-offerings and sacrifices.” When Jesus saw that he answered wisely, he said to him, “You are not far from the kingdom of God.” After that no one dared to ask him any question.

Response:
Sending a handmade card to someone not in your immediate family/community.
Creating something that uses your Heart, Soul, Mind, and Strength

Materials
1. Red construction paper
2. White printer paper
3. Pencils
4. Ruler
5. Scissors
6. Glue Stick
7. Color (crayons, colored pencils, etc.)
8. Black gel pen, sharpie, or marker.

Steps:
1. Red construction paper. Fold in half hamburger style. Open up. Fold each edge to center and crease. Fold again on the center line.
2. Using a cup or circle maker, draw out a half circle on the “top” of the folded construction paper. Using the same cup, mark a quarter circle at the bottom of the folded paper. Cut both marks to create a heart shaped card.
3. White paper: Cut into 2in strips. Lay strips over the card and glue down, covering the entire front of the card. Using scissors, trim the white strips off where they extend beyond the card, and cut in the middle of the opening to allow the card to open up.
4. Lettering: On white strips on the cover, write “Heart, Soul, Mind, Strength.” Write on top of those words a second time to create variance in width and weight. Using a pen or sharpie or colored marker, fill in each letter with color. (Alternately, simply write the words with marker or crayon and make them as fancy or simple as you like!)
5. Patterns (optional): Using pen or markers, fill in patterns to activate white space as desired around the letters. Patterns can be found by image search for Zentangles, Zendoodles, hand drawn patterns, etc.
7. Optional: decorate the inside of the card with drawings and/or writing. Perhaps include a note to a specific person, etc., to fill it up.
8. Mail or hand deliver your card to a neighbor who might need a pick me up.